

Mr. Jorge's Family Challenge Game
Over-Under Relay:

Equipment: Ball made of cloth, socks for each team

Participants: Any number of equal teams

Instructions: Players stand in line one behind the other with their feet spread apart. A ball is passed over the head of the lead person and under the legs of the person behind and over the head etc. until the ball reaches the end of the line. That player runs to the front and repeats the procedure until all players have had a turn at the lead position.